

Wales

Directory of Mental Health Supported Housing

(Cardiff and the Vale of Glamorgan)



2007

Acknowledgements

CVMHDP have added this Supported Accommodation Directory to the CVMHDP website at the request of the author, Lee Quinney (whilst working as Senior Social Work Practitioner, at the Caswell Clinic in Bridgend (Wales) and with the agreement of all contributors, . We are grateful for the financial support of Cardiff Mental Health Promotion Group to enable us to do this.

To the best of our knowledge, the information in this Directory is correct at the date of entry to the website. Information regarding other S Wales areas will be added as soon as updated information has been obtained.

Despite our best efforts and those of the author, we are aware that the contents may not be exhaustive. Information received for inclusion in this directory has been received in good faith and we cannot accept liability for any inaccuracies or changes in the information presented within it. We welcome any additions, amendments and updates.

Comments on all aspects of the directory are welcome and can be addressed to

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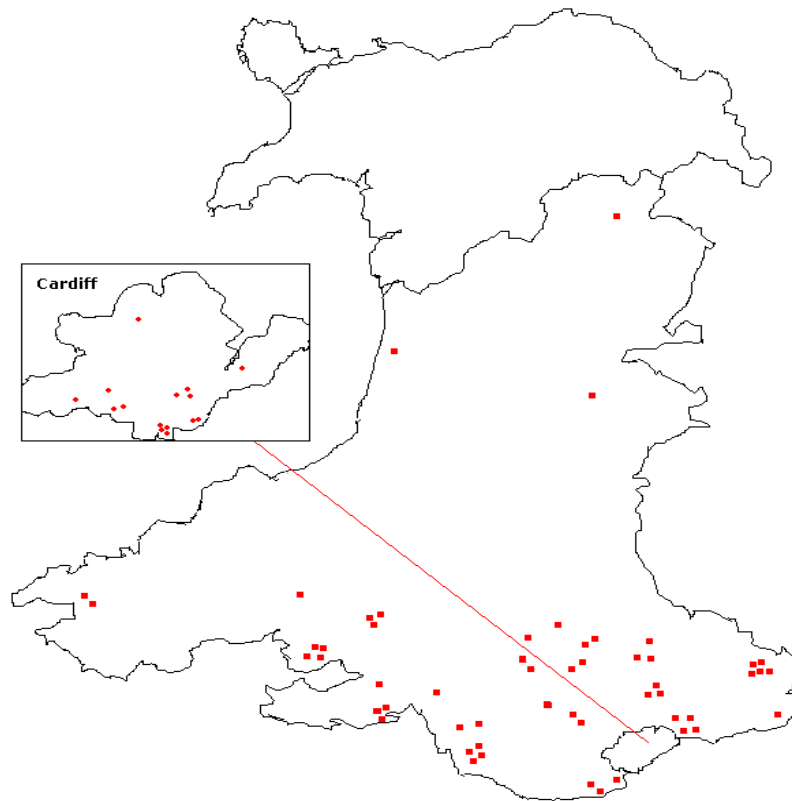
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THE DIRECTORY

Welcome to the second edition of this directory, which focuses on supported housing for adults of working age with mental health related support needs. It was first published during 2007 by Lee Quinney Social Work Practitioner, Caswell Clinic. This directory has already been shared with many mental health organisations and professionals within the southern areas of Wales.

This directory currently covers the Cardiff and Vale of Glamorgan areas of Wales. Once updates have been made the directory will extend to the south-east, south-west, and central areas of Wales, covering the geographical areas of sixteen out of the twenty-two local authorities in Wales. The reason why it does not include all local authorities is because it is meant to cover only those within the geographical locations served by the South Wales Forensic Psychiatric Service. This project began life as a method of providing information to forensic mental health practitioners, but its success has led to interest from other agencies, and now there is this directory, which can be accessed by service users, carers, and the general public.

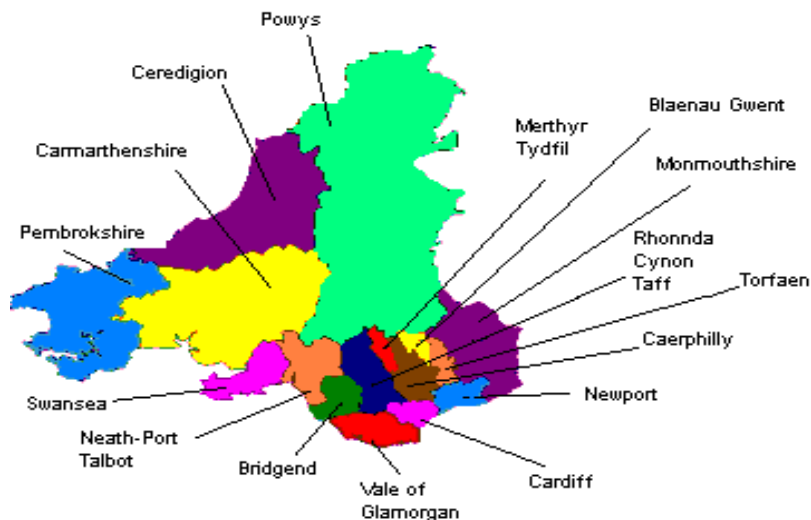
Mapping of all Supported Housing in the Southern Region



REGIONAL GEOGRAPHY

The supported housing projects outlined in this directory are organised by Local Authority (in alphabetical order). There is a quick reference and a full reference section. The local authority areas within the regions covered by this directory are outlined within the map below.

Local Authorities in the South Wales Forensic Psychiatric Region



- Blaenau Gwent
- Bridgend
- Caerphilly
- Cardiff
- Carmarthenshire
- Ceredigion
- Merthyr Tydfil
- Monmouthshire
- Neath-Port Talbot
- Newport
- Pembrokeshire
- Powys
- Rhondda Cynon Taff
- Swansea
- Torfaen
- Vale of Glamorgan

WHAT DOES THE INFORMATION MEAN?

Each entry into this directory has information (if available) on all the following areas of interest;

Project/house Name

This is the name given to each house/building or project by the people who provided the information about it. The name is usually the same one that members of each organisation refer to.

Location

This is where the supported housing is geographically located, so as to help people know whether they should precede with a referral to a project.

Accommodation Owner

The accommodation owner is mentioned (where possible) as the type of owner (e.g., registered social landlord or private) might make a difference in terms of their capacity to provide follow-on supported accommodation, as many projects are part of wider organisations.

Support Provider

If you know the name of the support provider you can check if they are a registered domiciliary care agency or not. Sometimes it might be an influential factor in determining whether they can offer flexible support beyond a short-term arrangement (if funding is available). The support provider is often the organisation tasked with the management of a project. If you know the support provider then you know who you need to contact in order to gain information on supported housing policies.

Service Age Range

Most services are focused on people aged 18 or over. Many services will accept referrals for people up to the age of 64/65, but this is variable as some projects accept younger adults, middle-aged, or older working age adults.

Number of Beds

This includes the number of people who are able to live in a supported housing location. It refers to rooms, flats or bedsits with single person occupancy. There is a lack of provision for couples.

Gender Mix

There are a few single gender only projects within this directory, but nearly all of them are mixed gender projects.

Communal Areas/Facilities

The majority of projects have shared facilities and communal areas. It is hoped that this information will help you consider whether a project is suited to the potential resident or yourself as some people prefer shared living and others dislike it.

Support Type

This refers to the type of support, but it is not always easy to define as different terms can be used. It is essential to cross-reference this with 'staffing' and 'support flexibilities'. Support types include on-site static; on-site dynamic (i.e. float between a limited amount of projects); off-site; or floating support.

Support Group Type

This information refers to the client group, as most supported housing is provided to cater for a target client population. Whilst all projects in this directory will have 'mental health' as their category/group type, some projects have dual group type. This might be 'offenders' or 'drug/alcohol misuse'.

Support Funding

In most cases each projects will be 'Supporting People' and housing benefit funded, although some projects will accept additional funding from other sources (including private finances).

Support Flexibilities

Most projects are willing to be flexible, although this can fall into two different types of flexibility: First, short-term flexibilities falling within the support hours available for a project, or when an extra member of staff is available. Second, where a project can provide longer-term additional support, with or without funding.

Staffing

This outlines the nature and degree of support, and it is probably the area that is most likely to change before the directory is updated.

Accept Forensic Clients

This refers to whether or not a project accepts people who are in/outpatients using forensic mental health services. Many projects who accept forensic clients have experience of working with them but not all do.

Accept s.37/41 MHA 1983

This information has been collated because not all people subject to these sections of the Mental Health Act 1983 are supported by forensic mental health services.

Emergency, Crisis or Respite Beds

Information on these types of beds is important as it can help practitioners, service users and clinical teams to determine how much crisis prevention support they can access during stages of recovery from mental illness in the community.

Referral

This is essential information for referrals. It is always worth contacting the agency to check before sending the referral to them.

Telephone & Facsimile

This is basic information for contacting people. Look at websites for other numbers as some organisations have regional and local offices.

Email and Website Address

Sometimes numbers are not connected or working so the website is a useful back-up. People do respond to emails, so this is a great way of making initial contact or finding out information during a busy working week.

Notes

This type of information is highly variable across the projects. Some examples within this directory have lots of extra notes added.